



The SC Breastfeeding Friendly Child Care Designation recognizes child care facilities that promote, protect, and support breastfeeding.

Why Be Breastfeeding Friendly in Child Care?

By participating in the SC Breastfeeding Friendly Child Care Designation your child care can benefit:

- **Babies:** Breastfed babies have less risk of obesity, type 2 diabetes, asthma, ear infections, diarrhea, vomiting, colic, and Sudden Infant Death Syndrome (SIDS).
- **Mothers:** Breastfeeding lowers a mom's risk of breast and ovarian cancer, enhances the bond with her baby, and speeds recovery from childbirth.
- **Child Care:** Being breastfeeding friendly may lead to better daily attendance, healthier children, higher parent satisfaction, and more public recognition.
- **Everyone:** Breastfeeding friendly child care helps everyone by improving breastfeeding rates, leading to healthier people in South Carolina.

How It Works

- **Review.** Read about the Ten Steps to Breastfeeding Friendly Child Care.
- **Contact.** Call or email [SCPITC](http://scpitc.org) to get the process started at (888) 811-2018 or info@scpitc.org.
- **Implement.** Using the training materials and the 10 Steps Guide (Part II), start implementing the 10 Steps in your child care facility.
- **Seek the Designation.** Submit your 10 Steps for review using the instructions on Page 3.
- **Get Designated.** When your child care program has completed the Ten Steps, it will earn the Breastfeeding Friendly Child Care Designation.





The 10 Steps to Breastfeeding Friendly Child Care

- **Step 1.** Create a policy stating the importance of breastfeeding, especially exclusive breastfeeding, and share this commitment with fellow staff.
- **Step 2.** Train teaching staff in the skills to support and promote optimal infant and young child feeding.
- **Step 3.** Inform women and families about the importance of breastfeeding.
- **Step 4.** Provide learning and play opportunities that normalize breastfeeding for children.
- **Step 5.** Ensure that all families we serve are able to properly store and label milk for child care program use.
- **Step 6.** Provide a breastfeeding friendly environment.
- **Step 7.** Support breastfeeding employees.
- **Step 8.** Ensure that each infant has a feeding plan that supports best feeding practices.
- **Step 9.** Contact and coordinate with local skilled breastfeeding support and actively refer.
- **Step 10.** Continue updates and learning about the protection, promotion, and support of breastfeeding.

The Ten Steps to Breastfeeding Friendly Child Care were adapted from the Carolina Global Breastfeeding Institute (CGBI) at UNC-Chapel Hill and the designation process is maintained by South Carolina Program for Infant and Toddler Care (SCPITC).



Application Instructions

To Apply:

- Complete all parts of the application for your child care program as a group (recommended) or independently.
- The child care program's board chairman, president, owner, or equivalent must review the application and sign the Submission Authorization or designate a responsible person to do so. Applications without this authorization will not be reviewed.
- All application questions must be answered to be considered for review.
- The documentation needed to support your child care program's completion of each step is included herein. Be sure to submit the documentation as you progress to tprostko@scpitc.org. Label emailed pictures, scans, etc with requirement number (ex. 6.1a, 8.3a).
- The BFCC Program Coordinator, Tia Prostko, will track the documentation for each Step on a checklist.
- **There are no costs or fees to apply for or receive the designation.**
- Your application is complete when the following are complete:
 - One (1) copy of the completed application (Parts I & II) is mailed to the address below. Make sure that the Submission Authorization is signed.
 - Your documentation of each Step from the Guide in Part II is complete on the Program Coordinator's checklist.

Application Review:

- Applications will be reviewed on a quarterly basis by a review committee coordinated by the South Carolina Program for Infant and Toddler Care.
- Child care programs will be notified via email when their applications are received.



Designation and Recognition:

- Child care programs will be notified by mail regarding the results of the review.
- The Breastfeeding Friendly Child Care Designation is good for three (3) years with required yearly maintenance. At the end of the three (3) years, the child care program may submit a renewal application.

Application Submission:

Please submit the completed application (Parts I and II):

By Mail

Breastfeeding Friendly Application Review Committee
SC Program for Infant/Toddler Care
1 Carriage Lane, Unit J
Charleston, SC 29407

OR

By Email

info@scpitc.org

Faxed applications will not be accepted.

For questions about the application or review process, please contact info@scpitc.org.





Part I. Child Care Program Information

Site/Program Information:

Center Name:

Street Address:

City:

State:

Zip:

County:

FEIN#

Main Phone:

Fax:

Director or Primary Contact Information:

Name:

Job Title:

Direct Phone:

Fax:

Alternate Phone:

Email:

Web Address:





Number of Children Served:

Under 12 months old:

12 to 24 months old:

24 to 36 months old:

Over 36 months old:

Number of Caregivers working with children birth to 36 months:

Number of Classrooms for children birth to 36 months:

DSS Licensing Capacity:

Additional Information:

At what ABC level is your program rated?

Who is your ABC monitor?

How many children with ABC vouchers under 36 months old do you serve?





Infants and Children:

Number of infants/children receiving **any** breast milk:

Number of infants/children receiving **only** breast milk:

Number of infants/children breastfed by mother on site:

Total number of enrolled children 5 years of age and younger:
(may not equal total of above rows)

Child Care Facility Data - Staff:

Number of teaching staff:

Number of non-teaching or support staff:
(administrative, dietary, janitorial, etc.)

Total number of staff:





Please tell us how you heard about the Breastfeeding Friendly Child Care Designation:

Check all that apply:

- Materials presented at a conference/training
- ABC Monitor
- Child Care Resource & Referral
- Colleague at another child care program
- Parent
- SCPITC Infant/Toddler Specialist
- Other

If other, please explain:

Empty text box for explanation.

Submission Authorization - Part 1:

I have reviewed the completed SC Breastfeeding Friendly Child Care Designation application for:

Name of Facility

Name of Director

Signature of Director

Date

AND

I have reviewed the completed SC Breastfeeding Friendly Child Care Designation application for:

Name of Board Chair, President, Owner or Equivalent

Signature of of Board Chair, President, Owner or Equivalent

Date





Part II. A Guide to the Ten Steps to Breastfeeding Friendly Child Care Designation

Step 1

Create a policy stating the importance of breastfeeding, especially exclusive breastfeeding, and share this commitment with fellow staff.

Creating a breastfeeding friendly child care program begins with a written breastfeeding policy. Having such a policy in place is the first step toward promoting and supporting breastfeeding, especially exclusive breastfeeding, for children, families, and staff at the child care facility. It should describe the environmental changes, education, training, and support the facility will put in place based on the Ten Steps to Breastfeeding Friendly Child Care.

Policies should include:

- A clear statement that the child care program welcomes mothers who breastfeed their babies, and provides space for breastfeeding or expressing and storing milk;
- A list of the health benefits of exclusive breastfeeding for the infant, mother, and family;
- A description of what it means to practice exclusive breastfeeding for the first six months, when babies are fed only breast milk — no infant formula, water, juice, or solid food;
- A plan to assure staff are trained in skills needed to support breastfeeding;
- A summary of each of the Ten Steps to Breastfeeding Friendly Child Care.

The child care program's commitment to breastfeeding helps promote it as the normal way to feed infants. Share the breastfeeding policy with all child care staff and families.





Step 1

- 1.1 Our program has a written policy for promoting and supporting breastfeeding, and it is regularly communicated to our staff and families.
- 1.2 Our program's breastfeeding support is part of our discussion with all potential families.

Required Documentation

- 1.1 a A written policy promoting and supporting exclusive breastfeeding. Please consider using the BFCC sample policy.
- 1.1b Confirm that this breastfeeding policy is actively communicated to all staff within 1 month of hire. Provide a sample of orientation materials used to communicate policy to staff. Please describe how you inform current staff of policy.
- 1.2a Confirm this breastfeeding policy is shared with families. Provide a sample "check-off" or other document used to communicate policy with family.

Recommended Resources

SCPITC

- Sample Child Care Center Breastfeeding Policy
- Breastfeeding Friendly Child Care: Self-Assessment (and Instruction Sheet)
- Breastfeeding Friendly Child Care: Action Plan
- Ten Steps to Breastfeeding Friendly Child Care
- Our Child Care Center Supports Breastfeeding Handout
- Parent Acknowledgment of Breastfeeding Policies



Step 2

Train teaching staff in the skills to support and promote optimal infant and young child feeding.

Knowledgeable staff plays an important role in providing a breastfeeding friendly child care program.

With training, staff gains skills needed to carry out optimal infant and young child feeding. Training topics related to optimal infant and young child feeding include:

- What it means to exclusively breastfeed;
- Benefits of exclusive breastfeeding for mother, infant, and family;
- Risks and benefits of different feeding options;
- Recognizing and responding appropriately to infant hunger cues;
- Safe storage, labeling, and preparation of breast milk for feeding and;
- Appropriate introduction of solid foods with continued breastfeeding for one year or longer, as mutually desired by mother and baby.

After training, staff should be able to describe the health benefits of breastfeeding, especially exclusive breastfeeding, demonstrate skills in handling breast milk, and feed infants and young children according to their hunger cues. Training helps staff make your friendly policy a success.





Step 2

- 2.1 Teaching staff at our program receive training on age-appropriate infant feeding practices, including proper storage and handling of human milk.
- 2.2 Teaching staff at our program receive training on recognizing infant hunger cues and feeding in response to these cues.
- 2.3 Teaching staff at our program receive training on the risks and benefits of different infant feeding options.
- 2.4 Teaching staff at our program receive training in breastfeeding protection, promotion, and support, including support of exclusive breastfeeding.

Required Documentation

- 2.a Your Trainer will submit CCCC Roster(s) or printed transcripts for each staff.

Your Trainer will submit post-tests from BFCC training

Recommended Resources

Resources for training *Child Care Program Staff* on Handling and Storage of Human Milk for SC Child Care Facilities:

SCPITC Magnet for Child Care Providers:

- Feeding Tips for Breastfed Babies
Centers for Disease Control and Prevention
- Proper Handling and Storage of Human Milk
USDA, Food and Nutrition Service
- Feeding Infants: A Guide for Use in the Child Nutrition Programs National Resource Center for Health and Safety in Child Care and Early Education – Caring for Our Children:

National Health and Safety Performance Standards: Guidelines for Early Care and Education Programs, 3rd Edition

- Standard 4.3.1.3: Preparing, Feeding, and Storing Human Milk
- Tips for the Day Care provider of a Breastfeeding Baby
- 10 More Reasons to Breastfeed





Step 3

Inform women and families about the importance of breastfeeding.

Breastfeeding benefits babies, mothers, and child care program. Breastfed infants have less risk of asthma, childhood obesity, type 2 diabetes, sudden infant death syndrome (SIDS), ear infections, diarrhea, and vomiting. Mothers who breastfeed have a decreased risk of developing breast and ovarian cancer. Breastfeeding friendly child care programs have healthier infants, less colic and spitting up, greater parent satisfaction, and more public recognition.

Breastfeeding babies benefits everyone. Breastfed babies grow into healthier children and adults. Families may have questions about your breastfeeding friendly policy. Having a policy in place may encourage pregnant women to consider breastfeeding as their feeding option. Child care providers have a great opportunity to give reliable information about the importance of breastfeeding. Important topics include:

- What it means to exclusively breastfeed;
- Benefits of exclusive breastfeeding for mother, infant, and family;
- Risks and benefits of different feeding options;
- Feeding in response to hunger cues;
- Appropriate introduction of solid foods with continued breastfeeding for one year or longer, as mutually desired by mother and baby;
- Continuing to breastfeed when mom returns to work or school; and
- Choosing a breastfeeding friendly child care facility.

Breastfeeding promotion and education with families may be done in groups or with individuals. The community may have resources available to provide this type of training. Print materials used should be appropriate to families served in the child care programs.





Step 3

- 3.1 We provide all our families with our education materials for promoting and supporting breastfeeding.
- 3.2 Culturally appropriate educational materials on breastfeeding and on the risks and benefits of different feeding options are displayed in several areas.
- 3.3 Culturally appropriate educational materials on breastfeeding and on the risks and benefits of different infant feeding options are actively distributed to the families we serve.
- 3.4 Staff are prepared to discuss breastfeeding with all families.

Required Documentation

- 3 Provide pictures of the culturally appropriate education materials on display and for distribution in your program.

Recommended Resources

SCPITC

- Bringing Milk to the Child Care Program
- Breastfeeding: Making It Work – A Guide for Parents and Caregivers
- Breastfeeding Welcome Here – Poster
- Our Child Care Center Supports Breastfeeding Poster
- Our Child Care Center Supports Breastfeeding Handout United States Department of Health and Human Services
- Breastfeeding American Academy of Pediatrics
- Breastfeeding La Leche League International Resources
- South Carolina Program for Women, Infants and Children (WIC) – Natural Nutrition
 - o Breastfeed for the Best Start
- Breastmilk has More of What Babies Need -- Infographic Flyer – California WIC
- 10 More Reasons to Breastfeed – ILCA





Step 4

Provide learning and play opportunities that normalize breastfeeding for children.

Children learn through books or play about how mammals feed their young, which helps normalize breastfeeding at the child care program.

- 4.1 We provide toys and books that illustrate nursing animals and babies, for children of all ages.
- 4.2 We discuss interactions between mothers and babies with children of all ages, including how they feed.

Required Documentation

4.1a Your program was provided with books for children that directly or indirectly normalize breastfeeding. You also received the breastfeeding stuffed animals. Please share how your teachers are using the books and the stuffed animals.

4.2a Provide picture(s) of teachers engaged in activities with children that normalize breastfeeding.

Recommended Resources

SCPITC

Breastfeeding Friendly Books and Toys





Step 5

Ensure that all families we serve are able to properly store and label milk for child care program use.

Offering a safe storage space for breast milk at the child care program supports breastfeeding, especially exclusive breastfeeding. Families should have access to adequate refrigerator and freezer space at the facility. Families should be educated on the program's policy for breast milk storage and labeling. Safe storage and preparation of breast milk helps to ensure that the infant is given the highest quality breast milk.

- 5.1 We provide sufficient refrigerator and freezer space to accommodate all of our breastfeeding families' storage needs.
- 5.2 We instruct all breastfeeding families on the proper way to store and label human milk for child care program use, and all milk at our program is properly labeled.
- 5.3 We discuss with all families how expressed milk will be handled at our child care program.

Required Documentation

- 5.1a A picture of your refrigerator and freezer space for storing expressed human milk.
- 5.2a We provide a document for parent acknowledgement of breastfeeding policies. Please confirm this is in use.

Recommended Resources

Materials for Breastfeeding Families on Preparing, Storing and Labeling of Expressed Milk:

SCPITC:

- Bringing Milk to the Child Care Program
- Parent Acknowledgment of Breastfeeding Policies
- Storage Guidelines Magnet

Centers for Disease Control and Prevention:

- Proper Handling and Storage of Human Milk



Step 6

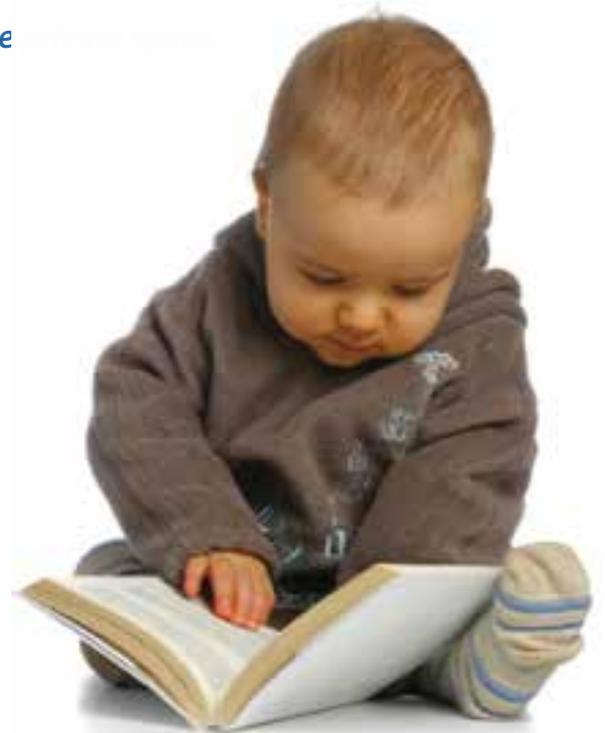
Provide a breastfeeding friendly environment.

While mothers should be welcome to nurse in the classroom, creating a space with some privacy for mothers to breastfeed their babies or express milk helps make the child care program breastfeeding friendly. This could be in the infant room, a separate breastfeeding room, or anywhere the mother feels comfortable.

The child care program may design a breastfeeding friendly environment by displaying breastfeeding brochures, posters, photos and books. No advertising or promotion of infant formula is displayed in a breastfeeding friendly environment.

State law protects a mother's right to breastfeed anywhere she has a legal right to be. The South Carolina State Law Section 63-5-40 states that a woman is allowed to breastfeed in any public or private location, and that she is not in violation of indecent exposure laws.

The space for breastfeeding mothers does not need to be a separate room with a door. It must be shielded from view by staff and the public, have comfortable seating, and have an outlet. Mothers are not required to use the





Step 6

- 6.1 We actively invite breastfeeding mothers to come to the program to nurse their babies while under our care.
- 6.2 There is a clean and comfortable place in our program, other than a bathroom, for mothers to sit and nurse their babies, or pump (express) milk if desired.
- 6.3 Our program displays posters and distributes materials, including photos reflecting the families we serve, that show our support of breastfeeding and demonstrate best practices.

Required Documentation

- 6.1a Documentation photos or sample materials used to invite mothers to nurse their babies in your program.
- 6.2a A picture of your breastfeeding friendly space other than a bathroom that is shielded from view by staff and the public for mothers to breastfeed their children or express milk. Include a description of the picture/space. Please note that mothers are not required to use the private space.
- 6.3a A picture of any breastfeeding promotion posters and photos displayed in your child care program.

Recommended Resources

SCPITC

- "Breastfeeding Welcome Here" Poster
- Our Child Care Center Supports Breastfeeding Poster
- Our Child Care Center Supports Breastfeeding Handout
- South Carolina Program for Women, Infants and Children (WIC) – Natural Nutrition
 - o Breastfeed for the Best Start
 - o Do Not Disturb Door Hanger
- Womenshealth.gov – Its Only Natural for African American Women and Families
- USDA -- Loving Support Makes Breastfeeding Work
- Ad Council Posters
- Breastmilk has More of What Babies Need -- Infographic Flyer – California WIC
- Babies Were Born to Breastfeed – Massachusetts WIC
- Latch on NYC Posters – NYC Health Department
- Breastfeeding; Its Not Just About the Milk – LLL.org
- 10 More Reasons to Breastfeed – ILCA



Step 7

Support breastfeeding employees.

The space available to mothers to breastfeed their children at the child care program may also be used to support breastfeeding employees. Federal law, Section 4207 of the Patient Protection and Affordable Care Act, requires employers to provide reasonable break time to breastfeeding hourly employees and a private, non-bathroom space to express breast milk during the workday, for one year after the child's birth.

Businesses that provide time and space for women to express their milk while apart from their babies have significant cost savings. These include employees taking fewer days of sick leave, lower health care costs, better retention of employees, and higher company loyalty.

- 7.1 Breastfeeding employees are given appropriate breaks so that they may express milk and/or nurse their babies as needed.
- 7.2 The program provides a clean, comfortable, private place for employees to pump/express milk and/or nurse their babies as needed.

Required Documentation

- 7.1a A copy of your program's policy for breastfeeding employees who need to breastfeed or express milk while they are working.
- 7.1b A copy of description of how you will address staffing schedules to accommodate breastfeeding staff members.

Recommended Resources

SCPITC

- Supporting Breastfeeding Employees: Breastfeeding Benefits Everyone
- Supporting Breastfeeding Employees Handout
- SC Breastfeeding Coalition – SC Mother Friendly Employers

South Carolina Program for Women, Infants and Children (WIC) – Natural Nutrition

- Do Not Disturb Door Hanger
- Sample Employee Breastfeeding Policy



Step 8

Ensure that each infant has a feeding plan that supports best feeding practices.

A detailed feeding plan should be developed for each infant in the child care program. The plan is a helpful tool for promoting optimal nutrition in child care and at home. It must be updated quarterly at a minimum throughout the first 15 months.

This plan aids discussion between child care staff and families about feeding practices such as:

- Does your baby drink breast milk or formula?
- How often does your baby feed?
- About how much milk or formula does your child usually drink in one feeding?
- Has your child started eating solid foods? If so, what type? How often?
- At home, is the baby fed in response to feeding cues or on a schedule?

A detailed feeding plan can help families succeed at breastfeeding, including exclusive breastfeeding. With a written plan for those infants who should only be given breast milk, a baby is less likely to be given formula by mistake. The American Academy of Pediatrics recommends exclusive breastfeeding for the first 6 months, with continuation of breastfeeding for one year or longer as mutually desired by mother and infant. It is entirely appropriate for the child to continue to receive breast milk well beyond his or her first birthday.





Step 8

- 8.1 We develop a written feeding plan with each new family at our program, which is accessible and regularly updated.
- 8.2 Breastfeeding support is explicitly included in all feeding plans, as part of the standard form.
- 8.3 We respond to infants' hunger cues rather than feeding on a schedule, and we encourage mothers to feed this way at home.
- 8.4 We encourage mothers to introduce solid foods at a developmentally appropriate time.

Required Documentation

- 8.2a Your program was provided with the Infant Feeding Plan. This plan must show quarterly updates for each 0-15-month-old. Updates may be shown on the same Infant Feeding Plan (you don't need to fill out new sheets each time updates are discussed and reviewed). Please confirm the use of these plans quarterly for each 0-15-month-old.
- 8.3a We provided the resource Infant Feeding: A Guide for Parents and Caregivers. Please explain how you make use of this? How do you share with families?
- 8.4a Check here to confirm that your program and staff will support the introductions of solid foods are six months of age.

Recommended Resources

SCPITC

- Infant Feeding Plan
- Infant Feeding: A Guide for Parents and Caregivers
- Bringing Milk to the Child Care Program

NC Division of Public Health Nutrition Services Branch

- Help Me Be Healthy Birth to Six Months
American Academy of Pediatrics
- Switching to Solid Foods USDA, Food and Nutrition Service
- Feeding Infants: A Guide for Use in the Child Nutrition Programs

CACFP – Infant Feeding in the CACFP

- Breast milk feedings are reimbursable
- Infant Meal Pattern Fact Sheet
- Let's Compare: Old and New Infant Meal Patterns

National Resource Center for Health and Safety in Child Care and Early Education – Caring for Our Children: National Health and Safety Performance Standards: Guidelines for Early Care and Education Programs, 3rd Edition

- Standard 4.3.1.1: General Plan for Feeding Infants

Working Together: Breastfeeding and Solid Foods



Step 9

Contact and coordinate with local skilled breastfeeding support and actively make referrals.

A supportive community network helps mothers continue to breastfeed. Child care programs can connect families with breastfeeding support resources in their community. An experienced, trained breastfeeding counselor, an International Board Certified Lactation Consultant (IBCLC) or local support groups can offer valuable help to breastfeeding mothers.

Each community has unique breastfeeding resources, so be sure to investigate in the local area and/or online. Some good places to start may be:

- Breastfeeding Promotion and Support in WIC, The Special Supplemental Nutrition Program for Women, Infants, and Children (scdhec.gov/Health/WIC). Local agencies have trained breastfeeding coordinators, and may have peer counselors or breastfeeding support groups available to assist families.
- The SC Breastfeeding Coalition (scbreastfeedingcoalition.org)
- International Lactation Consultant Association (ilca.org/why-ibclc/falc)
- La Leche League South Carolina (llalliance.org/southcarolina/). Find local support groups, connect with breastfeeding mothers nearby, and get answers to common questions.

Partnering with these community groups can assist the child care facility to better serve breastfeeding women. Let them know that the child care program is promoting breastfeeding. Be sure to keep a list of external community breastfeeding resources in the child care facility, and track the number of times that staff uses the resources.

9.1 Our program has a list of community breastfeeding resources to be used for referral.

9.2 Our program regularly refers families to community breastfeeding resources.

Required Documentation

9.1a A copy of a community breastfeeding resources referral list.

9.2a Provide written policy of steps staff will take for referring. If applicable, provide an example where a referral was made. What prompted the referral and what was the outcome(s)?

Recommended Resources

The South Carolina Special Supplemental Nutrition Program for Women, Infants, and Children (SC WIC Program)

- Breastfeeding Promotion and Support

La Leche League of South Carolina

- Find a Local Meeting and Local Leader

International Lactation Consultant Association

- Find a Lactation Consultant (IBCLC)

Example of local support resources



Step 10

Continue updates and learning about the protection, promotion, and support of breastfeeding.

Once the child care program has begun working toward Breastfeeding Friendly Child Care Designation, how will efforts continue? Yearly staff training, current breastfeeding resources on site, and family feedback all play a role in the support of breastfeeding at the child care program. Train staff for at least an hour annually so they remain current in breastfeeding knowledge. Update resources in the child care program as needed to assure that staff can access the latest recommendations. Track how families respond to the breastfeeding promotion and support. Incorporate feedback to remain breastfeeding friendly.

The Breastfeeding Friendly Child Care Designation is good for three (3) years with required yearly maintenance. At the end of the three (3) years, the child care program may submit a renewal application.

- 10.1 Our program has up-to-date materials on hand that include information on breastfeeding and human milk feeding.
- 10.2 Each staff member receives at least one hour per year of continuing education on human milk feeding and breastfeeding support.
- 10.3 Our program regularly collects feedback from families regarding our breastfeeding support.

Required Documentation

- 10.1a I acknowledge that in order to maintain designation, each teaching staff member receives 1 – 1.5 hours of continuing education on human milk feeding and breastfeeding support per year and the resources referral list must be updated. I acknowledge that the Designation is for 3 years with yearly maintenance requirements.

Director's Signature

- 10.2a Confirm that you will use the Follow-Up Parent Questionnaire. We require that you use either our downloadable questionnaire (you may put on your own letterhead) or our online survey format found in the Step 10 resources.

Additional Resources:

- Let's Move! Child Care – Free On-Line Training: Childhood Obesity Prevention: LMCC – Support Infant Feeding
- National Institutes of Health – Breastfeeding Resources for Patients and Consumers

Recommended Resources

- The South Carolina Special Supplemental Nutrition Program for Women, Infants, and Children (SC WIC Program)
 - Breastfeeding Promotion and Support
- La Leche League of South Carolina
 - Find a Local Meeting and Local Leader -- llalliance.org/southcarolina/
- International Lactation Consultant Association
 - Find a Lactation Consultant (IBCLC)
- SCPITC Breastfeeding Resources
 - Homepage
 - Follow--up Parent Questionnaire OR Online Parent Survey
- La Leche League USA Group Finder
 - Visit llusa.org/locator/
- Example of local support resources